

Signs and symptoms of diabetes

KNOW WHAT TO LOOK FOR



1.) FREQUENTLY NEEDING TO USE THE WASHROOM

A constant need to urinate and/or uncharacteristic bed wetting can be cause for alarm.

2.) INCREASED THIRST

Unquenchable thirst, especially after meals may warrant further investigation.



3.) CONSTANT FATIGUE

Feeling tired and unable to keep your eyes open no matter how much sleep you have had.

4.) UNEXPLAINED WEIGHT LOSS

While some of us have a few pounds that we would love to shed. this sort of weight-loss in adults or children is very dangerous.

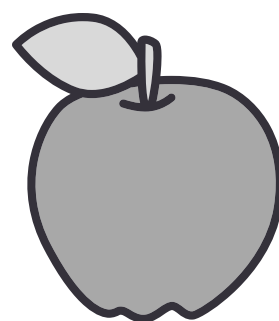


5.) BLURRED VISION

As blood glucose levels rise, eyes can feel sticky and blurred.

5.) FRUITY BREATH

If you notice friuty breath in yourself or a loved one, get them medical attention right away. This is a sign of extremely high blood glucose levels.



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